

half the time potter aimlessly about the domestic interior, or else betake themselves to some other interior, either that of a friend's home, or of the department store.

Under our present long business hours, the advice of the physician to a patient rendered neurotic by the stress of modern existence is more or less absurd. "Take walks" is generally an important part of it. Usually the business man or woman after the long strenuous day is only conscious of the desire to avail himself of the nearest mode of transit, and get trundled speedily home to his family and his waiting dinner.

Is it inconceivable that some day, in nineteen hundred and somewhat, we shall hear instead of a plea for an eight-hour law, a demand from all classes for a six or even a five-hour law? That is, until ten, and after four, every one should have leisure to walk abroad in the daylight and to have such pure enjoyment of open air and all forms of exercise, as should rebuild the race.



NORMAL COLLEGE ALUMNÆ HOUSE,

446 East 72d Street.

FEBRUARY, 1898.

Mondays—Kindergarten, 9 to 12.

Library, 3 to 5.

Picture Library, 3 to 4.

Nature Study Class, 3:30 (alternate Mondays).

Tuesdays—Kindergarten, 9 to 12.

Clothing Committee, 3 to 5.

Cooking Class, 3:30 to 5.

Library, 7:30 to 8:30.

Wednesdays—Kindergarten, 9 to 12.

Sewing Class, 3 to 5.

Penny Bank, 5 to 5:30.

Thursdays—Kindergarten, 9 to 12.

Nature Study Class, 3:30 to 4:30.

Singing Class, 4 to 5.

Fridays—Kindergarten, 9 to 12.

Dolls' Dressmakers, 3:30 to 5.

Boys' Club, 7:30 to 9.

Girls' Club, 7:30 to 9.

Penny Bank, 8 to 9.

Saturdays—Boys' Club, 7:30 to 9.

The House Committee of the Normal College Alumnæ House, regretting deeply the loss to the Alumnæ House caused

by the retirement of Miss Palmer, resident at the House since October, 1894, passed the following resolutions at a meeting held January 26, 1898:

WHEREAS, It has seemed best to Miss Anna May Palmer to sever her close connection with the Alumnæ House and to retire from that House as a resident, it seems fitting that we, the House Committee, should give expression to our deep sense of appreciation of the noble service she has rendered in the Associate Alumnæ's attempt to do settlement work on the east side of the city; therefore

Resolved, That we make known to Miss Palmer our appreciation of that service in the following definite lines:

Her work among the boys in that neighborhood has been invaluable. She has added to the comfort and convenience of the House by various appliances which she has planned and executed. Her presence has been an influence, never failing, at the gatherings on Friday evening. She has always assisted at the trying holiday seasons, even at the expense of her own holidays. Most important have been her contributions to our Alumnæ News, refreshing bits of household matters, full of the spirit of the place.

To Miss Wells, Miss Palmer has been as a right hand, and at one time she took sole control of the House during the illness and absence of Miss Wells.

To explain our sense of a less tangible influence, a less definite service, is a thing more difficult. Ideals of settlement life may differ. But to us it seems to mean the simple picture of a life well lived—full of varying duty and the fulfillment thereof. Such a picture have Miss Wells and Miss Palmer presented. Beyond her splendid professional work in the Training Department of the Normal College, Miss Palmer has found time and opportunity to live with other children than her pupils, to enter upon a work requiring more courage, more charity, more cheer, and to endow that work with a luminous power.

EMILY IDA CONANT,
JENNY B. MERRILL,
FRANCES BENJAMIN GUTMAN,
MARY HOWE NOLEN,
CORNELIA F. WHITE,
JENNY HUNTER,
JESSIE F. JACOBY,
ELIZABETH JARRETT,
CLARA BYRNES,
BETSEY B. DAVIS,

Members of the Committee.